



 <b>icmr NIN</b> 		<b>ICMR-National Institute Of Nutrition</b>		SOP Number: ICMR-NIN / COVID19 / 01
<b>Title</b>	<b>Standard Operating Procedure for hospital staff leaving COVID19 testing lab or COVID hospital, and safety practice upon arrival at home</b>			Page 1 of 1
<b>Version 1.0</b>	Prepared :09.06.2020	Effective from:10.6.2020	Valid upto: 31.12.2020	

1. **Scope:** To be used by clinicians/health care workers/laboratory personnel before leaving hospital/ laboratory and safety practice upon arrival at home
2. **Purpose:** This document describes information about what measures need to be taken by clinicians/health care workers/laboratory personnel before leaving hospital and safety practice upon arrival at home
3. **Responsibilities:**
  - Appropriate measures to be taken by clinicians/health care workers/ laboratory personnel before leaving hospital
  - Safety practices to be taken by clinicians/health care workers/ laboratory personnel upon arrival at home
4. **Before leaving hospital**
  - Cleaning of Pen, ID card, Key etc using Alcohol Wipes.
  - Remove the PPE as per the doffing directions and dispose in the appropriate containers
  - Bath and dry with towel supplied individually for each person (if facility available in testing centre/hospital)
  - Change to Home attire & footwear
  - Exit the room as soon as changing of clothes is completed.
  - Temperature Check will be done at Exit Point which will be ensured by the HCW safety team
  - Security guard will now open the door. Exit through the door without touching any part of the door
  - Once you leave Hospital/ Laboratory the first destination is restricted to your house.
5. **Safety Practice upon arrival at home**
  - Leave the footwear outside of the home/back door.
  - Backpacks with hospital usage materials to be stored at dedicated room.
  - No Hugs to Kids & other family members immediately.
  - Do not touch door handles or any other item after reaching home.
  - Proceed for hot shower and soap bath immediately.
  - Clothes and other reusable masks/other items to be dumped/soaked immediately in disinfectant hot water for 1 hour at least and then wash .
  - Disinfect your mobile, wrist watch, ornaments, etc

	<b>Prepared By</b>	<b>Reviewed By</b>	<b>Approved By</b>
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